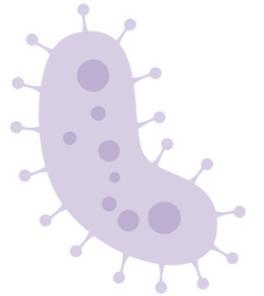# Pneumococcal
vaccination

Pneumococcus is a bacterium found in the respiratory system, such as the nose and throat. Pneumococcal infections can be serious and sometimes fatal.

The vaccine is recommended and free for:

- People aged 65 and over

- People who are at higher risk of serious pneumococcal infection (e.g. people with a weakened immune system or a chronic illness)

Why get vaccinated?

- The vaccine provides protection against several types of pneumococci that are most prevalent in the winter and spring in Québec.

- Most people respond well after the vaccine.

- Getting vaccinated is the best way to protect yourself against pneumococcus.

How to make an appointment to get vaccinated

clicsante.ca

1-877-644-4545

Have questions about the vaccine?

Be sure to talk to your pharmacist, doctor or other healthcare professional.

To speak with a nurse, please call Info-Santé at 811, and choose option 1.

Centre intégré universitaire de santé et de services sociaux du Centre-Sud-de-l'Île-de-Montréal

Québec