# PUBLIC NOTICE – Possible exposure to measles in public settings in Montréal

## December 18, 2025

#### **Public Health**

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#### A case of measles

A measles outbreak is currently underway in several regions of Quebec. A case of measles in a person living in Montreal was reported to Montreal public health authorities on December 17, 2025. The person visited the following places while they were contagious.

Cases of measles residing outside Montreal also visited Montreal settings while contagious.

# Places, dates and times of possible exposure to measles

People who went to the following places on the days and times listed below may have been exposed to the measles virus:

Exposure sites	Dates and times of exposure	Watch for symptoms until
Clinique Up. Centre d'urgences pédiatriques, 375 av. Mathers, suite 200, Saint-Eustache, J7P 4C1 and corridors to access the clinic	November 28, 2025 between 3:30 p.m. and 8:10 p.m.	December 19, 2025
Clinique De Santé Jeunesse, 14770 Pierrefonds Blvd., Suite 100, Pierrefonds-Roxboro, Quebec H9H 4Y6	December 10, 2025 between 4:00 p.m. and 7:00 p.m.	December 31, 2025
Urgence du Centre hospitalier universitaire Sainte-Justine, 3175 chemin de la Côte-Sainte- Catherine, Montréal, QC H3T 1C5	December 14, 2025 between 6:09 p.m. and 7:35 p.m.	January 4, 2026

WalMart Supercentre, 7445 Boul Langelier, Saint-Léonard, QC H1S 1V9	December 9, 2025 between 7:00 a.m. and 6:00 p.m.	December 30, 2025
WalMart Supercentre, 7445 Boul Langelier, Saint-Léonard, QC H1S 1V10	December 10, 2025 between 7:00 a.m. and 6:00 p.m.	December 31, 2025
WalMart Supercentre, 7445 Boul Langelier, Saint-Léonard, QC H1S 1V11	December 11, 2025 between 9:00 a.m. and 8:00 p.m.	January 1, 2026
WalMart Supercentre, 7445 Boul Langelier, Saint-Léonard, QC H1S 1V12	December 12, 2025 between 2:00 p.m. and 11:59 p.m.	January 2, 2026
WalMart Supercentre, 7445 Boul Langelier, Saint-Léonard, QC H1S 1V13	December 13, 2025 between midnight and 1:00 a.m.	January 3, 2026
Marché Adonis Anjou, 7250 Boulevard Des Roseraies Anjou,QC H1M 2T5	December 12, 2025 between 3:00 p.m. and 6:00 p.m.	January 2, 2026
Urgence de l'Hôpital Maisonneuve-Rosemont, 5415 Bd de l'Assomption, Montréal, QC H1T 2M4	December 13, 2025 between 7:30 a.m. and 4:00 p.m.	January 3, 2026

The full list of exposure sites in the province, including the ones outside Montréal, is available at <a href="https://www.quebec.ca/en/health/health-issues/a-z/measles/measles-outbreak">https://www.quebec.ca/en/health/health-issues/a-z/measles/measles-outbreak</a>.

It is advisable to check the site regularly, as the information may change according to the results of surveys.

# Recommendations for people who went to those sites on the dates and times listed in the *Sites, dates and times of exposure* table

Public health recommends that anyone who went to those places on the dates and times indicated in the table should **check if they are protected against measles**.

If you would like information about your vaccination against measles, you can:

- Contact your <u>CLSC</u>
- Contact your <u>local point of service</u>
- Call 1-877-644-4545

### In Québec, a person is protected if:

Year of birth	Number of doses of vaccine* needed to be considered protected against measles
Person born after 1980	Has received 2 doses of vaccine (starting at 12 months of age)
Person born between 1970 and 1979	Has received 1 dose of vaccine ( 2 doses for healthcare workers)
Person born before 1970	No vaccine necessary
At any age	A person who has had measles and has proof of it (medical certificate or blood test) does not need to be vaccinated.

<sup>\*</sup> Examples of brand names of measles vaccines: Priorix, Priorix-Tetra, MMR II, ProQuad, Attenuvax, Moru-Viraten, Rimevax, RRO, Trivirix, Vaccin antirougeoleux.

### If you're protected against measles

It is very unlikely that you will get the disease. However, as a precaution, watch for symptoms of measles until the date indicated in the *Sites, dates and times of exposure* table (the one that corresponds with your situation).

To know the symptoms of measles and what to do if you have symptoms, visit the Measles page.

## If you're not protected against measles

It is recommended that you:

- Isolate at home until the 14th day (inclusively) after your last contact with measles.
- Avoid all contact with
  - o unvaccinated people (e.g. babies under 1 year of age)
  - o people with weakened immune systems.

If you have been contacted by public health, follow the personalized instructions that were provided to you.

- Monitor yourself for symptoms of measles until the date indicated in the *Places, Dates, and Times of Exposure* table.
- To learn about measles symptoms and what to do if they appear, consult the <u>Measles</u> page.
- Make an appointment: to receive the measles vaccine once your isolation period is over (i.e., 14 days after your last exposure to a location).

#### What to do if you have symptoms of measles

If you think you have measles, stay home and call Info Santé at 811.

If you have to go to a clinic or hospital:

- Call before you go to let them know you're on your way. Wear a mask when you leave your home.
- When you get to the clinic or hospital, immediately tell a staff member that you think you have measles.

#### You can book an appointment to get vaccinated:

- By calling 1-877-644-4545
- On the Clic Santé website.

The measles vaccine is free in all local service centres. The vaccine is also free for people who do not have a RAMQ card.

# Recommendations for people living in Montréal who have not been exposed to measles

In the context of increased transmission of measles in North America, public health recommends that everyone checks if they are protected against measles.

# If you would like information about your vaccination status and protection against measles

- Contact your <u>CLSC</u>
- Contact your <u>local point of service</u>
- Call 1-877-644-4545

#### If you're not protected against measles

It is recommended that you get vaccinated. Measles vaccination is free, even for individuals without a RAMQ card. The measles vaccination program has existed in Canada for over 50 years. The measles vaccine is safe and highly effective.

#### You can book an appointment to get vaccinated:

- By calling 1-877-644-4545
- On the Clic Santé site.

The measles vaccine is free in all local service centres.

Important: If a person received a dose of the measles vaccine before 12 months of age, two additional doses are required to be protected. Starting at 12 months, a child's immune system is mature enough to provide long-lasting protection.

#### What is measles?

Measles is an infection that spreads through the air or direct contact. In unvaccinated people, it can cause complications such as

- pneumonia
- loss of sight or hearing
- · brain infection

Approximately one in 3,000 children who contract measles die from it.

There is no treatment for measles. Vaccination is very effective in preventing the disease and its complications.

The vaccination program protects both yourself and others.

#### See also

- Measles, Québec.ca
- Fact Sheet Get vaccinated against measles! (PDF)
- Decision Fact Sheet Who needs to get vaccinated (PDF)
- Measles, mumps and rubella vaccine (MMR).

# **Français**

 Avis à la population – Exposition possible à la rougeole dans des lieux publics de Montréal du 4 au 7 mai