# PUBLIC NOTICE – Possible exposure to measles in public settings in Montréal

May 16, 2025

#### **Public Health**

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## A case of measles

On May 15th, 2025, a case of measles residing outside of Quebec was reported to Montréal's Montréal's Direction régionale de la santé publique (DRSP). While contagious, the individual went to 4 stores 1 hotel, and one elder's home in Montréal.

# Sites, dates and times of exposure

People who went to the following sites on the days and times listed below may have been exposed to the measles virus:

Exposure sites	Dates and times of exposure	Watch for symptoms until
Quality Inn Dorval 1010 Chem. Herron, Montréal, QC H9S 1B3	May 4, 2025 Between 4:30 p.m. and 11:59 p.m.	May 25, 2025
	May 5, 2025	May 26, 2025
	Between midnight and 12:00 p.m.	
	May 5, 2025	May 26, 2025
	between 8:30 p.m. and 11:59 p.m.	
	May 6, 2025	May 27, 2025
	Between midnight and 1:00 p.m.	;
<b>RPA</b> Château Pierrefonds 15928 Boul Gouin O, Sainte-Geneviève, QC H9H 1C8	May 4, 2025 Between 3:00 p.m. and 6:00 p.m.	May 25, 2025
100	May 5, 2025	May 26, 2025
	Between 10:00 a.m. and 2:00 p.m.	
	May 5, 2025	May 26, 2025
	Between 3:00 p.m. and 6:00 p.m.	
	May 6, 2025	May 27, 2025
	Between 3:00 p.m. and 6:00 p.m.	
	May 7, 2025	May 28, 2025
	Between 3:00 p.m. and 6:00 p.m.	

Boulangerie Non Solo Pane 455 Chem. du Bord-du-Lac-Lakeshore, Dorval, QC H9S 2A9	May 4, 2025 Between 2:30 p.m. and 4:45 p.m.	May 25, 2025
	May 7, 2025  Between 12:00 p.m. and 5:00 p.m.	May 28, 2025
Tacos Frida 4350 Rue Notre Dame O, Montréal, QC H4C 1R8	May 5, 2025 Between 6:00 p.m. and 10:00 p.m.	May 26, 2025
Bar Messorem	May 5, 2025	May 26, 2025
2233 Rue Pitt, Montréal, QC H4E 1A2	Between 5:00 p.m. and 8:00 p.m.	
Restaurant Subway 3772 St. Charles Blvd. Galleries Kirkland 2. Kirkland, QC H9H 4M4	May 5, 2025 Between 1:00 p.m. and 3:00 p.m.	May 26, 2025

The full list of exposure sites in the province, including the ones outside Montréal, is available at <a href="https://www.quebec.ca/en/health/health-issues/a-z/measles/measles-outbreak">https://www.quebec.ca/en/health/health-issues/a-z/measles/measles-outbreak</a>.

# Recommendations for people who went to those sites on the dates and times listed in the *Sites, dates and times of exposure* table

Public health recommends that anyone who went to those places on the dates and times indicated in the table should **check if they are considered to be protected against measles**.

If you would like information about your vaccination against measles, you can:

- Contact your <u>CLSC</u>
- Contact your <u>local point of service</u>
- Call 1-877-644-4545

### In Québec, a person is protected if:

Year of birth	Number of doses of vaccine* needed to be considered protected against measles		
Person born after 1980	Has received 2 doses of vaccine (starting at 12 months of age)		
Person born between 1970 and 1979	Has received 1 dose of vaccine and is not a health worker		
Person born before 1970	Is considered to be protected, even without vaccination		
At any age	Has had measles and has proof of it (medical certificate or blood test)		

<sup>\*</sup> Examples of brand names of measles vaccines: Priorix, Priorix-Tetra, MMR II, ProQuad, Attenuvax, Moru-Viraten, Rimevax, RRO, Trivirix, Vaccin antirougeoleux.

### If you're protected against measles

It is very unlikely that you will get the disease. However, as a precaution, watch for symptoms of measles until the date indicated in the *Sites, dates and times of exposure* table (the one that corresponds with your situation).

To know the symptoms of measles and what to do if you have symptoms, visit the Measles page.

# If you're not protected against measles

It is recommended to:

- **Isolate at home** from the 5th day after exposure to the 14th day after the latest exposure. Note: Individuals are not contagious in the first 4 days following the first exposure.
- **Get vaccinated**. A vaccine or antibody injection (protection against the virus) is recommended.
- Watch for symptoms of measles until the date that corresponds with your situation as indicated in the *Sites, dates and times of exposure* table. To know the symptoms of measles and what to do if you have symptoms, visit the <u>Measles</u> page.

#### What to do if you have symptoms of measles

If you think you have measles, stay home and call Info Santé at 811. If you have to go to a clinic or hospital, call before you go to let them know you're on your way. Wear a mask when you leave your home. When you get to the clinic or hospital, immediately tell a staff member that you think you have measles.

#### You can book an appointment to get vaccinated:

- By calling 1-877-644-4545
- On the Clic Santé site.

The measles vaccine is free in all local service centres.

# Recommendations for people living in Montréal who have not been exposed to measles

In the context of increased transmission of measles in North America, public health recommends that everyone living in Montréal should check if they are considered to be protected against measles.

# If you would like information about your vaccination status and protection against measles

- Contact your <u>CLSC</u>
- Contact your <u>local point of service</u>
- Call 1-877-644-4545

#### If you're not protected against measles

It is recommended to get vaccinated.

#### You can book an appointment to get vaccinated:

- By calling 1-877-644-4545
- On the Clic Santé site.

The measles vaccine is free in all local service centres.

**Should you be exposed to measles** in the future, you will be asked to <u>isolate at home</u>, as indicated in the sub-section above. To avoid this inconvenience and avoid getting measles, make sure you're protected against measles.

Important: Have you or your child received the first of two doses of the measles vaccine before the age of 12 months? If so, in Québec, a third dose is recommended to be considered as protected against measles.

# What is measles?

#### How does the virus spread?

Measles is highly contagious. If a person who is not protected comes into contact with someone who is sick, there is a 90% risk of catching the disease.

You can catch measles by breathing the air in a room where someone with measles has been. The air in a room where someone with measles has been is considered contagious up to 2 hours after

the infected person left it. Measles can also spread through direct contact with an infected person or objects contaminated by that person.

#### What are the possible complications?

Measles can cause ear infections, but also rare and serious complications. Children who get measles risk developing a lung infection (pneumonia), hearing and/or vision loss, a brain infection (around 1 case in 1,000 to 2,000), or even die. About 2 in 10 people must be hospitalized.

Anyone who is infected can develop complications, especially:

- Children under 1 year old (12 months old)
- Unprotected pregnant people (risk of miscarriage or premature delivery)
- People with weakened immune systems

#### What are the symptoms of measles?

- Fever
- Cough
- Runny nose
- Conjunctivitis (red eyes and sensitivity to light)
- Red spots or rash on the skin (on the face, then on the whole body)

A person who has measles is contagious from 4 days before and up to 4 days after the rash appears. The illness lasts 1 to 2 weeks.

# Importance of getting vaccinated

The DRSP would like to remind the public that vaccination is the best way to protect against measles.

Anyone considered to be unprotected against measles should get vaccinated. It is the best way to protect yourself and others.

#### Measles vaccine

- The vaccine is free for people who live in Québec.
   You don't need to have a health insurance card (RAMQ).
- The vaccine is very effective. After 2 doses, protection is about 95%. This reduces the risks of transmission.
- The vaccine is safe. In adults, short-term joint pain is a known common reaction caused by the vaccine. For more information, see Measles, mumps and rubella vaccine (MMR).

#### See also

- Measles, Québec.ca
- Fact Sheet Get vaccinated against measles! (PDF)
- Decision Fact Sheet Who needs to get vaccinated (PDF)

# Français

<u>4 au 7 mai</u>			